

INFORMATION FOR AU PAIRS

An Au-Pair comes to Switzerland to help the host family take care of their children and assist with the household chores. In exchange you will get a salary. You will also have the opportunity to expand your general education and culture by acquiring a better knowledge of Switzerland, as well as develop your linguistic skills in one of the official Swiss languages (depending on the place of residence of the host family: German in the Swiss German part of Switzerland for example). The host family commits to having the Au-Pair take part in the family life, while the Au-Pair will also respect the family's private sphere.

- You will generally share the meals with the family and will get your own well heated room, lockable and with window, normally with internet access.
As an Au-Pair, you principally take care of the family's children, like a baby sitter: you have them eat their food, have them take their bath, put them to bed, play with them and make them happy :-)
Au-Pairs also generally help with household chores.
- As an Au-Pair, you will be paid **Fr 700.- (approx. P 35'000 / EUR 650.-)** a month for 30 hours work per week. The money will be paid to you on a post/bank account opened in Switzerland (the family will help you open the account) or paid cash by the family
- You have at least one full day off a week which at least twice a month will fall on a Sunday and one more day or two half-days. You have 4 weeks paid holiday a year.
- You will also attend regularly a language course paid by the host family.
- As an Au-Pair, you will be covered with an accident and medical insurance (the accident insurance will be covered in full and at least half of the compulsory medical insurance will be paid by the family). Should the Au-Pair need to go to a hospital during her stay, which is very expensive in Switzerland, the health insurance will cover most of the costs.